

MONTHLY SYLLABUS

SESSION-2016-17

CLASS XII

SUBJECT : BEAUTY AND HAIR –II (ELECTIVE -I)(745)

THEORY : 50 / PRACTICAL : 50

MONTH	CONTENTS
April 2016	<p style="text-align: center;">THEORY</p> <p>Unit-I make up</p> <ul style="list-style-type: none">• brief history of make up• objective of make up application• cosmetics for make up• make up brushes and other tools• contraindication• health and safety precautions <p>Unit-II disorders of hair and scalp</p> <p>a) Hair loss- types, reason and treatments</p> <p>b) Canities (grey hair)</p> <p>c) Pediculosis</p> <p>d) dandruff</p> <p style="text-align: center;">PRACTICAL</p> <p>Unit-II disorders of hair and scalp</p> <p>a) Herbal treatments for falling hair</p> <p>b) Grey hair</p> <p>c) Pediculosis</p> <p>d) Dandruff</p> <p>Unit-II preparation of herbal cosmetics</p> <p>a) Face pack</p>

	<p>b) Hair pack</p> <p>c) Creams</p> <p>d) Shampoos</p> <p>e) Hair oils</p> <p>f) Nail polish remover</p> <p>g) Deplitary wax</p> <p>h) Exfdiating mask and syrup</p>
<p>May 2016</p>	<p style="text-align: center;">THEORY</p> <p>Unit-III basic make up application</p> <ul style="list-style-type: none"> • Client consultation • Determining skin types and color • preparing the workspace • selecting makeup color • Preparation of client • Preparation for makeup • Application of makeup <p style="text-align: center;">PRACTICAL</p> <p>Unit-III practice in facial make ups</p> <ul style="list-style-type: none"> • Trolley setting • planning the makeup • Blending techniques for color • choosing makeup colors as per skin/hair, eye clothing • Analysis of facial shape before makeup • practice of makeup under different lights from 11 may <p>From 11 May 2016 to 30th June 2016 “on the job training” program</p>

<p>July 2016</p>	<p style="text-align: center;">THEORY</p> <p>UNIT-IV PERMANENT WAVING/STRAIGHTENING</p> <p>Permanent waving</p> <ol style="list-style-type: none"> a) Meaning of permanent waving b) Principle of perming c) Examination of the scalp d) Perming techniques- preparation and procedure wrapping techniques e) Maintaining the record card and client history f) Test curl g) Factors responsible for failure of perming and their solutions <p>STRAIGHTENING/RELAXING</p> <ol style="list-style-type: none"> a) Meaning of relaxing b) Principles of relaxing c) Examinations of the scalp d) Strand test of relaxen e) Preparation and procedure of relaxing f) Record card and client's history <p style="text-align: center;">PRACTICAL</p> <p>UNIT-IV PERMANENT WAVING/STRAIGHTENING</p> <ol style="list-style-type: none"> a) Basic preparation of trolley for perming b) PH testing knowledge of acids/alka line c) Hair analysis d) Preparing and planning the perm e) Strand test
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	<p>f) Sectioning and sequence of winding</p> <p>g) Winding techniques - basic, spinal, directional, weave binding, processing and developing</p> <p>h) Testing curl</p> <p>i) Neutralization</p> <p>j) Practice of other type of perming rods-chop sticks, u- sticks foam rollers etc.</p> <p>STRAIGHTENING/RELAXING</p> <p>a) Preparation of trolley for relaxation</p> <p>b) Analysis of hair</p> <p>c) Relaxing method and procedure kinky! curly / course</p> <p>d) Strand test for relaxing</p> <p>e) Neutralization</p> <p>f) Cleansing and conditioning</p> <p>g) contraindications</p>
August 2016	<p style="text-align: center;">THEORY</p> <p>UNIT-V ADVANCED CUTTING AND STYUNG</p> <p>a) study of facial shape bone structure, body structure, profession, age, occasion</p> <p>b) hair cutting and styling as per facial shape</p> <p>c) selections of tools</p> <p>d) procedure for latest trends and cuts (short and long hair)</p> <p>ADVANCED HAIR STYLING</p> <ul style="list-style-type: none"> • evening hair style, party hair style, bridal hair style, ramp hair styles

	<ul style="list-style-type: none"> • styling on artificial aids <p>UNIT-VI CORRECTIVE MAKE UP</p> <ol style="list-style-type: none"> 1. ideal face preparation and features 2. analyzing features and face shape 3. techniques of corrective make up application for face, eyes, eyebrows, lips, skin tones wrinkles <p style="text-align: center;">PRACTICAL</p> <p>UNIT-V ADVANCED CUTTING AND STYLING</p> <p>ADVANCED HAIR CUTS (SHORT & LONG)</p> <ol style="list-style-type: none"> a) hair cutting and setting as per b) facial shape c) body structure d) age e) occasion f) fashion trend etc. <p>ADVANCED HAIR STYLING</p> <ul style="list-style-type: none"> • evening hair style, party hair style, bridal hair style, ramp hair styles • styling on artificial aids <p>UNIT-VI CORRECTIVE MAKE UP</p> <ol style="list-style-type: none"> 1. corrective and camouflage makeup
September 2016	<p>1/09/2016 to 7/09/2016- REVISION</p> <p>8/09/2016 to 22/09/2016 – SA-I Exam</p> <p>23/09/2016 to 30/09/2016 - Discussion and revision SA-I question paper</p>

<p>October 2016</p>	<p style="text-align: center;">THEORY</p> <p>UNIT-VII HAIR COLORING AND LIGHTENING</p> <p>Hair coloring</p> <p>a) purpose of hair coloring</p> <p>b) law of colors - primary, secondary and complimentary</p> <p>c) types of hair coloring temporary, semi -permanent, permanent</p> <p>d) strand test</p> <p>e) patch test</p> <p>f) procedure of hair coloring</p> <p>g) precautions and contraindications bleaching and lightening</p> <p>a) defining of bleaching</p> <p>b) chemistry of bleaching activating the bleach</p> <p>c) causes of over bleach</p> <p>d) Choice of bleach</p>
<p>8/10/2016 to 11/10/2016</p>	<p>AUTUMN BREAK</p> <p>UNIT-VII HAIR COLORING AND LIGHTENING</p> <p>a) selection of color, study of color depth and tone</p> <p>b) application of different types of colors</p> <ul style="list-style-type: none"> • chemicals • vegetable <p>c) patch test (skin test color test, priority test, incompatibility test, strand test)</p> <p>Bleaching and lightening</p> <p>a) Chemistry of bleaching</p> <p>b) Colors variants - high lightened, low lightened</p> <p>c) Tipped, frosted scrunching, comb technique</p>

November 2016	<p style="text-align: center;">THEORY</p> <p>UNIT-VIII SPECIAL MAKE UP TECHNIQUES</p> <ul style="list-style-type: none"> • Day makeup • Evening makeup • Bridal makeup • Fantasy makeup • Ramp makeup • Theatre makeup • Photographic makeup • Makeup for mature skin • Basic body art/tattooing <p style="text-align: center;">PRACTICAL</p> <p>UNIT-VIII SPECIAL MAKE UP TECHNIQUES</p> <ul style="list-style-type: none"> • Day makeup • Evening makeup • Bridal makeup • Theatre makeup • Makeup for mature skin • Practice in body art! fantasy makeup
December to March	<ul style="list-style-type: none"> • 01/12/2016 TO 07/12/20 16 – REVISION • 08/12/2016 TO 19/12/2016 - MOCK TEST • 20/12/2016 TO 30/12/2016 - BLOCK TEACHING • 31/12/2016 TO 15/01/2017 – “ON THE JOB TRAINING” PROGRAM

	<ul style="list-style-type: none"> • 16/01/2017 TO 31/01/ 2017 – PRE-BOARD EXAM • 01/02/2017 TO 15/02/2017 - ANNUAL PRACTICAL EXAM AND DISCUSSION OF PRE BOARD QUESTION PAPER • 16/02/2017 TO 28/02/2017 - REVISION THEORY
March 2017	Board Examinations