

GOVT. OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: SPORTS BRANCH  
CHHATRASAL STADIUM: MODEL TOWN: DELHI – 110009

DE/41/(36)/Sports/2022/Part- II/ 4880-85

Dated :- 27/10/23

CIRCULAR

**Sub:- Organization of Delhi State School Games (Rope Skipping) for the year 2023-24**

In continuation of Circular No. DE.41/Sports/2017/3656-62 dated 31.08.2023, of Sports branch, Directorate of Education, Govt. of NCT of Delhi for conducting Delhi State School Games for the year 2023-24, in the discipline of Rope Skipping (Under –14,17 &19 year Boys & Girls) will be conducted from 03.11.2023 to 16.11.2023

All the Zonal SPEs/Convener/Secretaries are hereby directed to send their entries in the enclosed prescribed Performa duly attested by the concerned Secretary/Convener/Supervisor/HoS, till 02.11.2023 on 09:00 AM to 3:30 PM to Sh. Joginder Kumar, & Mrs. Manju Bala Org. Secretary (Mb. No 9818560404 & 8178447557) Sports Complex, F – Block, Vikas Puri, New Delhi. The Delhi State School Games (Rope Skipping) for the year 2023-24 will be conducted at Sports Complex, F – Block, Vikas Puri, New Delhi. All previous entries will also be treated valid. The Schedule/Fixture of the game is enclosed herewith.

Cut off date of age group is as under:-

Age Group (Boys & Girls)	Eligibility
Under – 14 year	Should be born on or after 01.01.2010
Under – 17 year	Should be born on or after 01.01.2007
Under – 19 year	Should be born on or after 01.01.2005

The participant should be a student studying in class VI to Class XII.

The stamp of the Head of the school on the Performa should be clearly visible and legible. The stamp on the photo of the student should have been affixed in such a manner that the half of it should be on the photo and half on the Performa. The players will have to report in the proper playing kit.

**Instructions for Participation:-**

1. The students of Kendriya Vidyalaya and those studying in below class VI are not eligible to participate in the above competition.
2. The copy of birth certificate of the student, issued by Municipal Authority, is to be enclosed. The certificate must be issued within 01 year of the date of birth of students. All Zonal SPEs/Convenors/Secretaries must ensure the same.
3. In case of need, a student might have to undergo medical examination for age verification from the Govt. hospital.
4. In case of any dispute, protest can be lodged with protest fee of Rs. 500/- within one hour of completion of the event. No request would be allowed after the stipulated time.
5. Participant must possess a valid Aadhar number.
6. Decision of the Org. Secretary shall be final.



7. The participant must carry proof of his/her date of birth certificate, original school ID card and a copy of bank passbook on the date competition.

(PANKAJ YADAV)  
SECTION OFFICERS(SPORTS)

Dated : 27/11/23

DE/41/(36)/Sports/2022/Part- II/ 4880 - 85

**Copy to:-**

1. PS to Secy. (Education), Old Sectt, Delhi – 110054.
2. PA to Director(Education), Old Sectt, Delhi - 110054
3. All Regional Directors, DoE, Delhi/New Delhi
4. All District DDEs Dte. Of Education, Delhi/New Delhi
5. All Zonal SPEs/Convenors/Secretaries, Dte. Of Education, Delhi/New Delhi
6. OS(IT) with the request to place the circular on Edudel.Nic.In

(PANKAJ YADAV)  
SECTION OFFICERS(SPORTS)



**DELHI STATE SCHOOL GAMES 2023 (ROPE SKIPPING) 2023-24**

**ENTRY FORM**

CATEGORY:-					GENDER:-		
EVENT	NAME OF THE STUDENTS	FATHER'S NAME	DOB	NAME OF THE SCHOOL	CLASS & SEC.	ADMN NO	PHOTO
1	SPEED SPRINT-30 SEC.						
2	DOUBLE UNDER-30 SEC.						
3	ENDURANCE- 3 MIN.						
4	FREESTYLE-45-75 SEC.						
5	SPEED RELAY-4X30 SEC.						
6							
7							
8							
9	DOUBLE UNDER RELAY RELAY-4X30 SEC.						
10							
11							
12							

SIGN OF TEAM

SEAL & SIGN. OF CONVENOR

SIGN. OF SPORTS SECRETARY (PHONE NO.)

SEAL & SIGN. OF SPE (PHONE NO.)

INCHARGE (PHONE NO) (PHONE NO.)



**DELHI STATE SCHOOL GAMES 2023 (ROPE SKIPPING) 2023-24**  
**ENTRY FORM**

EVENT	CATEGORY:-				GENDER:-		
	NAME OF THE STUDENTS	FATHER'S NAME	DOB	NAME OF THE SCHOOL	CLASS & SEC.	ADMN NO	PHOTO
DOUBLE DUTCH SPEED RELAY 4X45 SEC.							
17	TEAM FREESTYLE- 45-75 SEC.						
18							
19							
20							
21	DOUBLE DUTCH SINGLE FREESTYLE-45-75 SEC.						
22							
23							

SIGN OF TEAM  
INCHARGE (PHONE NO)

SEAL & SIGN. OF CONVENOR (PHONE NO.)

SIGN. OF SPORTS SECRETARY  
(PHONE NO.)

SEAL & SIGN. OF SPE (PHONE NO.)



**DISCIPLINE- ROPE SKIPPING**  
**(BOYS / GIRLS)**  
**Rules for the Conduct of**  
**DELHI STATE SCHOOL GAMES-2023-24**  
**ROPE SKIPPING COMPETITION**

1. The competition will be conducted according to the rule of the School Games Federation of India (SGFI).
2. The tournament will be held after completion of zone.
3. The competition will be held in 14,17 & 19 age category for Boys & Girls.
4. Selection: Players will be selected who got 1<sup>st</sup> position in the zonal tournament.
5. If the 1st position holder player is unable to represent the zone team, then the 2nd position holder will be selected for the team.
6. If there is no zonal championship, the Zone SPE/Zonal Authority can form a team according to their discretion and send it for the Delhi State School Games Rope Skipping competition.
7. **Event Distribution:** They will participate in the same event in which they won gold medal.
8. Separate completion will be for Boys & Girls categories.
9. All skippers/players of the team shall wear the same color / Parten uniform, preferably tied fitted Skin suit, T-Shirt & Shorts and Shoes.
10. **Injury:** In case of any Injury during the tournament, the skipper or his/her coach will decide whether to continue the event or not. There will be a re-skip and the event will be scored based on what was shown.
12. **Broken Handle or Rope:** If a rope or handle breaks, a repeat attempt is permitted after a suitable rest period of 10 minutes. However, a team or skipper may only have a maximum of two attempts at the same event. The last attempt determines the score.
13. The list of Events :

S. N	Name of the Events	Type	Duration	Event Description
1.	Speed Sprint	Master	30 Sec.	Skipping with 30 Sec (jogging)
2.	Double Under	Master	30 Sec.	Skipping with 30 Sec
3.	Endurance	Master	3 Min.	Skipping with 3 Min Jogging
4.	Freestyle	Master	45-75 Sec.	1 Skipper Free Movement with Music
5.	Speed Relay – Single Rope	Team	2 Min.	4 Skipper for 30 Sec Skipping each
6.	Double Under Relay	Team	2 Min	4 Skipper for 30 Sec Skipping each
7.	Double Dutch Speed Relay	Team	3 min	4 Skipper for 45 sec skipping
8.	Double Dutch Freestyle	Team	45-75 Sec.	3 Skippers Free Movement with Music
9.	Team Free Style	Team	45-75 Sec.	4 Skippers Free Movement with Music