

CIRCULAR

Subject:– Celebration of National Sports Day , August 29.

National Sports Day in India is celebrated on August 29th to commemorate the birth anniversary of hockey legend Major Dhyan Chand. The day is dedicated to promoting awareness about the importance of sports and physical activity in everyone's life.

A virtual meeting was convened by the Union Minister for Youth Affairs and Sports, Dr. Mansukh Mandaviya, on 19.08.2025 to plan a grand celebration for National Sports Day 2025, which will be held from August 29-31.

Accordingly, following activities are proposed to be organized by the Directorate of Education:

- a) Intra-Departmental sports competition for employees in Athletics, Cricket, Badminton and Tug-of-War to be held on 29.08.2025. The competitions will be held inter-district wise at Ludlow Castle (Badminton), Bharat Nagar (Cricket) and Chhatrasal (Athletics & Tug-of – War). The athletic meet will be held under flood lights at Chhatrasal followed by prize distribution ceremony.
- b) The Department will hold an interaction of sportspersons/athletes/students with Olympics/ Paralympic medalists/participants and eminent sportspersons at Thyagraj Stadium on 30.08.2025 to motivate the children and encourage them for their future endeavour.
- c) As part of the Fit India Campaign, all units of NSS, NCC, and NYKS are requested to organize Cyclothon activities on Sunday, 31st August 2025, under the theme #SundaysOnCycles. This initiative aims to promote fitness, encourage healthy lifestyle choices, and combat obesity through community participation.

The NSS Programme Officers and Heads of Institutions (HoIs) of the concerned units are encouraged to invite Hon'ble Members of Parliament (MPs) and Members of Legislative Assembly (MLAs) to participate in and endorse the event. Their involvement will help amplify the message and enhance public awareness and participation in the #SundaysOnCycles movement.

Further, it has been decided in the meeting that all students, staff, and officers will take a Fitness Pledge (Annexure -A) on this occasion at 07:00 AM. Therefore, one hour will be dedicated to sports activities in the playground, preferably from 08:00 AM to 09:00 AM.

In this regard, the HOS of Govt./Govt. Aided/Pvt. Schools are directed to take proactive steps to ensure enthusiastic participation of volunteers and the local community in Fit India Pledge, Cyclothon on 31.08.2025 and one hour Sports activities on 29.08.2025 in school premises, and to widely publicize the event through local media, social media platforms, and institutional networks.



Furthermore, all participating schools must capture photographs and videos of the activities and upload them on the Fit India portal and Social Media platforms of the schools as a record of participation.

All District Deputy Directors of Education (DDEs) are hereby requested to ensure that the information regarding Fit India Pledge, one hour Sports activities on 29.08.2025 in school premises, and Cyclothon activities scheduled for Sunday, 31st August 2025, under the theme #SundaysOnCycles, is widely disseminated among all Government, Government-Aided, and Private Schools in their respective districts.

DDEs must also ensure that schools actively participate in organizing and conducting Fit India Pledge, one hour Sports activities on 29.08.2025 in school premises, and Cyclothon activities scheduled for Sunday, 31st August 2025, under the theme #SundaysOnCycles on the aforementioned date and encourage maximum involvement of students, staff, and parents.



DY. DIRECTOR OF EDUCATION (SPORTS)
DIRECTORATE OF EDUCATION,
GOVT. OF NCT OF DELHI

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Copy forwarded to:-

1. Secretary to Hon'ble CM, GNCT Delhi
2. Secretary to Hon'ble MoE.
3. PS to Secretary, (Education) Old Sect, Delhi
4. PPS to Director (Education) Dte. of Education, Old Sect, Delhi
5. All the Addl. Director of Education Old Sect, Delhi
6. All the RDEs' Dte. of Education Delhi
7. The Dy. Director Sports, Chhatrasal Stadium, Model Town, Delhi.
8. The Dy. Director (PSB) with the request to circulate the circular among all the Pvt. Recognized Schools.
9. All DDE Districts & Zones with the request to circulate the same among all the Govt./Govt. Aided /Pvt. Schools of Directorate of Education.
10. All the SPE's Zones for strict compliance.
11. OS (IT) with the request to place the circular on website.



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